



Let It GO!

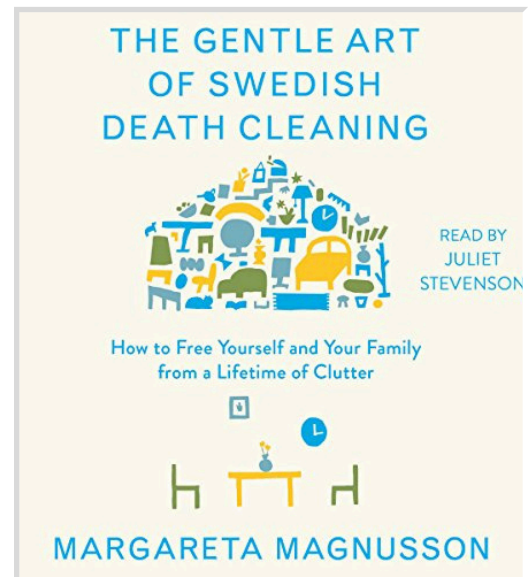
A Resource Guide: Donating & Recycling in the Greater Denver Area

How do you select items for removal without intensifying your emotional attachment and decision-making abilities? Where can you take them?

The reality is, that there is no magic fix for everyone, but having a game plan for where to pass on or recycle our treasures can make tough choices a bit smoother.

I had the profound experience of donating my late father's clothing to the nearby men's shelter. This act held particular significance as the organization held a special place in his heart, having dedicated thirty years of volunteer service to it. This decision brought us great solace.

Realizing our cherished possessions can have a fresh start often shifts a feeling of being overwhelmed into a confident stride forward, a needed nudge to make a decision we have been putting off!



This is a great book with so much insight on helping ourselves and loved ones move forward with letting go.

"A loved one wishes to inherit nice things from you. Not all things from you." Margareta Magnusson, The Gentle Art of Swedish Death Cleaning: How to Free Yourself and Your Family from a Lifetime of Clutter



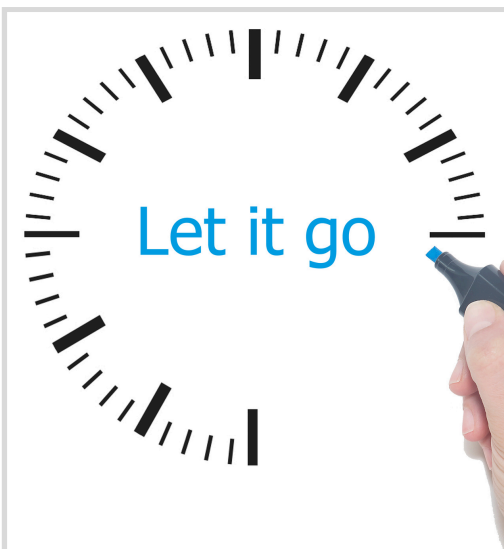
We often hit decision-making fatigue and become paralyzed on what to do next. Should it stay or should it go?

So... what can you do to help when you get tired but need to move forward.



Ask yourself these three questions.

1. Do I/we need it?
2. Do I/we use it?
3. Do I/we love it?



If any questions are answered with a "NO". The item no longer fulfills its purpose. Stop talking yourself into keeping it. Give yourself permission to LET IT GO!



ART SUPPLIES

ReCreative - Visit recreativedenver.org to find out what supplies they accept and item for donation and schedule a drop-off time. Located in Denver.

Arts Parts Creative Reuse Center - Visit artspartsboulder.org to see the list of acceptable donations and where to drop them off.

BIKES

Bikes Together - They accept bikes (all ages, all conditions), bike parts, bike accessories, and gently used bike apparel. Located in Denver.

Visit bikestogether.org/support

Community Cycles - They accept anything and everything bike-related, in any condition. They accept donations from 11 am-6 pm Thursday through Sunday. Located in Boulder. Visit communitycycles.org

BOOKS

ARC - Visit arcthrift.com/donations for a list of locations.

Dreambooks - Visit dreambookscs.com to find donation locations or schedule a pick-up if you have 10 boxes of books or more. Accepting Used and new books, DVDs, CDs, video games

Good Will - Visit goodwill.org/faqs for a list of locations.

Salvation Army - Visit satruck.org/DropOff for a list of locations.

***Check with your local library**

CARS

ARC - Visit arcthrift.com for details.

Colorado Public Radio - Visit cpr.org/support/vehicle-donations for details.

Denver Rescue Mission - Visit denverrescuemission.org for details.

Goodwill - Visit goodwillcardonation.org for details.

Make a Wish Colorado - Visit wheelsforwishes.org/Colorado for details.

Vehicles for Veterans - Visit vehiclesforveterans.org for details.

CELL PHONES/TABLETS

ecoATM - Find a kiosk near you by visiting ecoATM.com.

Second Wave Recycling - Donations support the Wounded Warriors Project. Visit their webpage to find out what donations they will accept and shipping information at secondwaverecycling.com.

CLOTHING

ARC - Visit arcthrift.com/donations for a list of locations.

Clothes for Kids - Located in Denver. For more information visit clothestokidsdenver.org.

Denver Rescue Mission - Donation pick-up or drop-off is available. denverrescuemission.org/ways-to-give/give-items.

Dress for Success Denver - Located in Denver. For more information visit denver.dressforsuccess.org

The Gathering Place is located in Denver. For more information visit tgpdenver.org

Good Will - Visit goodwill.org for a list of locations

Salvation Army - Visit satruck.org/DropOff for a list of locations.

Vietnam Veterans of America Pick-Up - Accepts a wide range of acceptable donations including clothing, shoes, purses, household items, and toys. To schedule a pickup, visit pickupplease.org/schedule.

***Check your local shelters and hospice care providers** - often need clothing, and gently used bedding, and personal care supplies

ELECTRONICS

Best Buy - Accepts most electronics, smaller TVs, haul away available for large appliances with a fee, and some incentives are offered for recycled items. Visit bestbuy.com/site/services/recycling for more information.

Genesis Electronics Recycling of CO - All sizes of recyclable electronics are accepted. Check out the fee section on their website visit genesisrecyclingco.com.

Hard Drive Destruction - Offers a variety of data destruction and digital media sanitation services to fit your requirements and ensure you comply with your industry. Located in the DTC area, Golden destruction.com

Staples - Has a 7-item limit per day, no TVs or batteries. For more information visit staples.com/recycling.

Sustainability - All sizes of recyclable electronics are accepted. Located in Arvada, Westminster, and Broomfield. They accept different hard-to-recycle items at each site. See individual pages for info and fees at sustainability.com.

EYEGASSES

Lion's Club - To find a drop box location near you or donate by mail visit denverlions.org/page/eyeglasses-donation-list.

LensCrafters - Drop off your gently used prescription to Lens Crafters who will donate them to OneSight, an independent nonprofit organization providing access to quality vision care and glasses in underserved communities worldwide. Visit lenscrafters.com/onesight to find a location near you.

FURNITURE

ARC - Visit arcthrift.com/donations for a list of locations or schedule a pick-up.

Good Will - Visit goodwill.org/faqs for a list of locations or schedule a pick-up.

Habitat for Humanity – Restores – will take large and small pieces of furniture that are in great shape. They offer pick-up and donation drop-off locations. Visit habitatmetrodenver.org for their guidelines.

Salvation Army -Visit satruck.org/DropOff for a list of location

Vietnam Veterans of America Pick-Up - Only small pieces of furniture.

It must be small enough that it only takes one person to carry. To schedule a pickup, visit pickupplease.org/schedule.

HOME RENOVATION MATERIALS

Bud's Warehouse Home Improvement Thrift Store - Located in Aurora. They will take cabinets, working appliances, light fixtures, windows, sinks, and furniture. Visit budwarehouse.org/donate for more information.

Habitat for Humanity -Takes a variety of donations but is particular about what they will accept. They offer pick-up and donation drop-off locations. Visit habitatmetrodenver.org for their guidelines.

INFANT AND TODDLER GEAR

WeeCycle - Accepts your new and gently used donations for infants and toddlers ages 0-3. They distribute your donations to the families who need them most through their network of community-based Partner Organizations. Please ensure that your donations are in excellent condition. Visit weecycle.org for more information.

Instruments

Bringing Instruments To Life -Repair the donated instruments collected during their annual Instrument Drive to bring them back to playable condition. Visit, bringingmusictolife.org to find a local music store near you to drop off your donation.

Denver Piano People - They recondition each piano, find it a home, and help change the lives of thousands! To donate a piano call 720-275-2765 and find out how visit thepainopeople.org.

LARGE APPLIANCES

Front Range Recycling Services, LLC - Located in Aurora takes unwanted, broken residential & commercial appliances. Visit frontrangerecycling.com for more information.

Xcel Energy - Will schedule a pick up for refrigerators if you are a residential electric customer of Xcel Energy and living in Colorado. Visit xcelenergy.com for more information.

LEGOS

Bricks and Minifigs- This is a Lego resale store. Buy, sell, or trade. Located in Thornton, Boulder, and Littleton bricksandminifigs.com

LINEN

Boulder Humane Society - Uses a lot of linens and towels to support the animals in our care. From surgery recovery, to comfort in their kennel, we go through a large number of linen materials every single day. They need linens, flat sheets, and blankets of any size. Visit boulderhumansociety.org

***check your local animal shelter**

MAGAZINES

***Most curbside recycling programs accept magazines.**

MATTRESSES

Spring Back Colorado Mattress Recycling – Offers both a pick-up and drop-off option. There is a recycling fee of \$20 per mattress and box spring and an additional fee if you prefer to schedule a pick-up based on where you are located. Visit springbackco.org for more information.

PAINT

Paint Care Sites - Accepts house paint, primers, stains, sealers, and clear coatings (e.g., shellac and varnish), they do not accept aerosols (spray cans), solvents, and products for industrial or non-architectural use. Drop-off paint sights include a variety of locations. Ace Hardware, Sherwin-Williams, and more as well as a pick-up service for a small fee. For more information visit paintcare.org.

Sherwood Williams -recycle your leftover paint in-store at your nearest location visit Sherwin-williams.com to view accepted products

RECYCLING CENTER - SEARCH

If you haven't found what you need visit [Earth 911](http://Earth911.com) it is a recycling search engine. Enter your zip/postal code and find retail stores, municipal recycling centers, and private recyclers that accept these items:

- AUTOMOTIVE
- BATTERIES
- CONSTRUCTION
- ELECTRONICS
- GARDEN
- GLASS
- HAZARDOUS
- HOUSEHOLD
- METALS
- PAINT
- PAPER
- PLASTIC

Hi, I'm Rebecca

Helping busy professionals get organized is my superpower! I've weaved my organization magic everywhere from a kids' boutique to sports stores, and even through the shelves of a local library.



The real lessons came from raising my trio of mischief-makers! I remember too many times opening a box of 'empty' when I was craving a snack, only to find sad broken crackers at the bottom. I learned that while we were working through everyday surprises, from taming Lego collections to conquering shoe mountains, I loved the challenge of untangling disorganized spaces.

Now I collaborate closely with clients to streamline homes, facilitate smooth relocations, and instill a sense of tranquility in their living environments. Whether managing challenging transitions or creating efficient storage solutions, I aim to assist clients in transforming disorder into balance.

Organizing & Smiling,
Rebecca Thomas

Do you feel your home is a chaotic reflection of your busy life?

Our team of expert organizers specializes in crafting personalized systems for busy professionals and high-performing entrepreneurs, freeing up your time to focus on your family and professional growth.

How an organized home can reclaim your time:

- Find your things when you need them!
- Clean-up is simple when everything has a home.
- Less time searching and cleaning means more time for family activities and connections.

**If you are ready to clear the clutter,
our team is ready to help!**



Schedule a Free Consultation